

STUDY PLANS & A-Z UNIT LISTING OF UNITS OFFERED IN TERM 1

> CERTIFICATE IN NUTRITION

Course Content

Year 1

- Introduction To Nutrition
- Food Fundamentals

* This course may be completed in one term or extended over two terms.

Choose one class option for each unit you are doing this term as guided by the study plan.

Food Fundamentals			Introduction To Nutrition		
		\$595			\$495
Monday	10.00am - 2.00pm	5 weeks	Monday	10.00am - 2.00pm	5 weeks
NUT002MON		20 Mar - 1 May	NUT001MON		13 Feb - 13 Mar
Wednesday	6.00pm - 8.00pm	10 weeks	Tuesday	6.00pm - 8.30pm	8 weeks
NUT002WED		15 Feb - 26 Apr	NUT001TUE		13 Feb - 3 Apr
Distance		10 weeks	Distance		10 weeks
NUT002DL		13 Feb - 30 Apr	NUT001DL		13 Feb - 30 Apr

> PROFESSIONAL CERTIFICATE IN FOOD & NUTRITION COACHING 2 term study plan

Study Period 1

Study Period 2

Year 1

- Food Fundamentals
- The Psychology of Food
- The Successful Wellness Coach

- Introduction to Nutrition
- Nutrition For Adolescents
- Wellness Coaching in Practice

Choose one class option for each unit you are doing this term as guided by the study plan.

Food Fundamentals			Nutrition For Adolescents			Wellness Coaching In Practice		
		\$595			\$125			\$475
Monday	10.00am - 2.00pm	5 weeks	Distance		12 weeks	Friday	10.00am - 2.00pm	Intensive
NUT002MON		20 Mar - 1 May	NUT026DL		13 Feb - 16 May	WEL002FRI		17 Feb, 3, 10 & 31 Mar
Wednesday	6.00pm - 8.00pm	10 weeks	Psychology Of Food		\$125	Distance		12 weeks
NUT002WED		15 Feb - 26 Apr	Distance		Workshop	WEL002DL		13 Feb - 16 May
Distance		10 weeks	NUT027DL		13 Feb - 16 May			
NUT002DL		13 Feb - 30 Apr						
Introduction To Nutrition			The Successful Wellness Coach					
		\$495			\$475			
Monday	10.00am - 2.00pm	5 weeks	Friday	10.00am - 2.00pm	Intensive			
NUT001MON		13 Feb - 13 Mar	WEL001FRI		24 Mar, 7, 21 Apr & 5 May			
Tuesday	6.00pm - 8.30pm	8 weeks	Distance		12 weeks			
NUT001TUE		13 Feb - 3 Apr	WEL001DL		13 Feb - 16 May			
Distance		10 weeks						
NUT001DL		13 Feb - 30 Apr						